DON'T BELIEVE THE MYTHS SURROUNDING THE FLU SHOT.

Fact! You can't get the flu from getting a flu shot.



Fact! The 2017-2018 flu vaccine is the best way to protect yourself – and the people around you – from this potentially serious disease.



Fact! It takes about two weeks after the shot for the antibodies to develop in the body to protect against the flu virus.

Get the facts at **CDC.gov**. What are you waiting for? Find a flu shot location near you or see your health care provider for a flu shot.

If you think you're at risk for pneumonia, ask your provider about a pneumonia shot.



Questions? Call Member Services at the number on your health plan ID card.

Beginning in September, flu shots will be available at:

Albertsons/Sav-on

Kmart

Smith's Food and Drug

Walgreens

Take Care Clinics excluded

VONS/Safeway

CVS Pharmacy

Minute Clinics excluded

Northern Nevada Medical Group

775-356-4980, TTY **711**,

Washoe County (Flu shots are available starting September 30)

Get your flu shot at a Southwest Medical drive-thru clinic!

Eastern Healthcare Center

4475 S. Eastern Avenue Saturday, September 16, 8 a.m. – Noon **Tenaya Healthcare Center**

2704 N. Tenaya Way Saturday, September 23, 8 a.m. – Noon

You can also visit the following flu shot clinics provided by Smith's Food and Drug.

Laughlin Senior Center

1975 Arie Avenue, Laughlin Wednesday, October 4. 9 a.m. – Noon

Pahrump Senior Center

1370 W. Basin Avenue, Pahrump Wednesday, September 27, 9 a.m. – Noon

Boulder City Senior Center

813 Arizona Street, Boulder City Tuesday, September 26, 9 a.m. - Noon **Mesquite Senior Center**

102 W. Old Mill Road, Mesquite Thursday, September 28, 9 a.m. – Noon

West Flamingo Senior Center

6255 W. Flamingo Road, Las Vegas Friday, September 29, 8:30 a.m. - 11:30 a.m.

Searchlight Community Center

200 Michael Wendell Way, Searchlight Wednesday, October 4, 1:30 p.m. - 3 p.m.